# What jobs can I do in SOCIAL CARE?

# **CARE WORKER**

The primary role of a Care Assistant is to work on the frontline of care delivery. They help individuals to overcome their everyday difficulties. These individuals can include the disabled, elderly, long-term ill and individuals with learning difficulties, so roles can be extremely varied. The position involves aiding people with washing, dressing and helping them with basic day-to-day duties or administrative tasks like paying bills. They may help with their wellbeing by getting to know clients personally and by providing them with emotional support.

## COMMUNITY SUPPORT AND OUTREACH WORKER

Community Support and Outreach Workers are a company's point of contact with the community it serves. They provide a service to a certain group of people and these workers can either work for governmental non-profit agencies or private non-profit agencies. Outreach workers are employed to work with youth at risk, the poor, the unemployed, the elderly and any other group in need of assistance.

### SUPERVISORS AND MANAGERS

Supervisors and Managers in social care manage a team of care workers to make sure they provide high quality care and support. These managers can work in care homes or can coordinate carers in the local community. Their role will include running the workplace according to standards and legislation, developing care, leading team meetings and working in partnership with other professionals to ensure individuals get the support they need.

### OCCUPATIONAL THERAPIST

Occupational Therapists help people overcome the effects of disability caused by illness, ageing or an accident so that they can carry out everyday tasks or occupations. They will consider all the patient's needs whether it's physical, psychological, social or environmental.



# MORE INFORMATION ABOUT SOCIAL CARE CAREERS

For more information on careers in the social care industry contact Careers Advisor, Mrs Clelland. You can also visit websites such as <a href="https://example.com/The National CareAssociation">The National CareAssociation</a> or <a href="https://example.com/CareEngland">CareEngland</a> (a representative body for independent care services).